

Medications

• Diabetic and Obesity Medications

ONE WEEK BEFORE PROCEDURE - Do **NOT TAKE** the following:

Mounjaro (tirzepatide)	Saxenda (liraglutide)	Bydureon (exenatide)
Ozempic (semaglutide)	Victoza (liraglutide)	Byetta (exenatide)
Wegovy (semaglutide)	Rybelsus (semaglutide)	
Trulicity (dulaglutide)	Adlyxin (lixisenatide)	

NOTE – These glucagon-like peptide 1 injections are used for weight reductions and should be withheld as well.

THE DAY BEFORE THE PROCEDURE - Do **NOT TAKE** the following:

Glucotrol (glipizide)
Glyburide (micronase, diabeta)
Januvia (sitagliptin)
Prandin (repaglinide)
Starlix (nateglinide)
Symlin (pramlinide)

ON THE MORNING OF THE PROCEDURE - Do **NOT TAKE** the following:

Amaryl (glimiperide)
Glucotrol (glipizide)
Metformin (glucophage)

INSULIN TREATMENT

Day and night before procedure – discuss dose with prescribing doctor.

Intake will be approximately 1000 calories day before colonoscopy.

Morning of procedure

Type 1, insulin dependent patients may need low dose insulin.

Type 2, adults who add insulin to their medication, take usual dose of Lantus or Levemir.

Discuss other types of insulin with your physician that manages your diabetes.

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- **Instructions for Blood Pressure, Blood Thinners, Cardiac and Stroke**

Blood pressure medications – DO NOT stop these medications.

Aspirin – In general it does not need to be stopped but it could be withheld for 7 days if taking it for preventive general health reasons.

DO NOT stop aspirin if there is a history of heart attack, angina, stroke, bypass or stents.

Blood thinners and antiplatelet agents can increase the risk of bleeding during and after an endoscopic procedure to a varying degree.

Stronger anti-coagulants include the following medications and require you to check with the prescribing physician to see if they can safely be stopped prior to procedure.

Our recommendations:

Brilinta (ticagrelor)	5 days
Coumadin (warfarin)	5 days
Eliquis (apixaban)	2 days
Effient (prasugrel)	7 days
Plavix (clopidogrel)	5 days
Xarelto (rivaroxaban)	2 days
Pradaxa (dabigatran)	2 days

If these blood thinners cannot be stopped, call us as soon as possible.

There are certain instances where blood thinners cannot be stopped, including heart valves.

We are able to work with your doctor in these cases when we have advanced notice.

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